

# News June 2024

## Picnic walk

### Summer Picnic Lunch – Sat 27 July

All South Cotswold Ramblers members are invited to a Picnic Lunch on Saturday 27 July at Upton St. Leonards at the Birchall Memorial Club (BMI club -8 Bondend Road, Upton St Leonards, GL4 8AG)

The cost (to cover food, tea and coffee and hire of hall) will be £14 per person. To attend this **you need to pay and book in advance as follows:**

- 1) Pay by bank transfer to Account no: 20240918 Sort code 60 – 83 - 01 South Cotswold Group Holiday
- 2) then email [sally@southcotswoldramblers.org.uk](mailto:sally@southcotswoldramblers.org.uk) to say **who you have paid for and any dietary requirements. Also whether you are planning on a) walking beforehand or b) not walking at all but just coming for the picnic**

Alternatively hand correct money in envelope with contact tel no and names of attendees and whether you are walking or no walk, just picnic to Sally or Ann on a walk.

Deadline for booking and payment is Monday **1<sup>st</sup> July**. There is a limit on numbers so book early (but it's fairly generous). **No option to turn up and eat your own food or to pay on the day!** There will be a 5 mile level walk beforehand leaving at 10am as usual, with no stiles, led by Loren. Parking will be available from 9.30 with loos open. (You do not need to do the walk, you can just book and come to the lunch, or you can do the walk and not partake in the lunch). The walk will go via the Services where there is the option to use the facilities, buy food and drink etc.

If you are only coming for the picnic, please arrive at the hall at 12.30.

The bar at the BMI Club will be open where you can buy drinks (card or cash)

Last year's Picnic Walk was so successful that we have decided to do another, using a different venue and with a different walk.

## July to September Walks Programme

This will be emailed out in the last week of June and will be available on our website at the same time. However the majority of the walks (up to beginning of September) are now visible on the Ramblers website. Thanks to all our leaders without whom there would be no walks.

## Stanway House and Fountain walk – Thursday 4 July

Loren and Tina are putting on this 7 mile walk to coincide with the Stanway House Watergarden opening and the 300 foot single jet fountain which plays at 2.45pm and 4pm. The house is also open to visitors as is the nearby fully restored watermill. Please check the website [stanwayfountain.co.uk](http://stanwayfountain.co.uk) for further information and prices. **CASH ONLY**

Because this is a little out of our normal walking area, we can try to match people up to share transport if they wish. If you are interested in this car sharing arrangement, email [sally@southcotswoldramblers.org.uk](mailto:sally@southcotswoldramblers.org.uk) with names of people travelling, whereabouts you live

and whether you would be happy to drive or not. Of course, you can make the usual unofficial car sharing arrangements that go on normally or just drive yourself.

Details are: From Stanway House the walk passes Didbrook, Hailes Church (view the medieval paintings), Hailes Wood, Farmcote Church then up to Stumps Cross, returning on the Cotswold Way past Lower Coscombe. Starting off on the flat and then it's a long but steady climb up to the top of the escarpment for lovely views. The descent is steeper with some steps. Three stiles. Coffee stop only on the walk but bring a picnic to have after the walk before the house and gardens open and the fountain plays. Coffee shop in the garden for further refreshments which opens at 2pm.

Moderate pace. Local walk grade - terrain 2 hilly and level mix.

There is an Alternative easier walk

As the main walk goes up over the hill, there is an option for anybody who doesn't like hills to walk with the group as far as Hailes Fruit Farm where they would leave the group. This would be 2.5 miles along the flat and crossing one stile. Also takes you to Hailes Church to see the medieval paintings. Have your coffee stop at Hailes Fruit Farm and walk back 2.5 miles to Stanway House self guided (total 5 miles, 2 stiles). Loren will do you a map and written instructions. You would be coming home at the same time as the people who do the 7 mile walk so this would not affect car sharing.

## **How to change a walk (information for leaders)**

Earlier in the year the weather forced several leaders to make changes to their walks, and we realised that not all leaders would know what to do if they found it impossible to put on the walk they had put on the programme so we have made the following guidelines. Please, leaders, keep them (and hope you don't need them!). We will also publish a set on the Leaders page on our website

### **Cancelled, postponed, replacement, altered walk – what to do**

#### **Cancelled walk**

If you need to cancel a walk, contact Ann and/or Sally (preferably both), and we will enter it as Cancelled on the Ramblers website and put a message on our South Cotswold Ramblers message board. Please try to give us as much notice as possible, though that won't always be possible, and we can do it up to a few hours before the walk.

Contact details: Ann 07931 114439 [chair@southcotswoldramblers.org.uk](mailto:chair@southcotswoldramblers.org.uk)

Sally 07818 425088 [sally@southcotswoldramblers.org.uk](mailto:sally@southcotswoldramblers.org.uk)

#### **Postponed walk (i.e. same walk moved to a different day)**

As for a Cancelled walk

**Replacement walk (i.e. when a leader puts on a different walk on the same day from a different start place because their original walk has to be cancelled)**

1. Reasonable amount of time before the walk – send in a new Submit a walk form and notify Ann (contact details above) and email Karen [info@southcotswoldramblers.org.uk](mailto:info@southcotswoldramblers.org.uk) who will not be expecting this. Also contact Ann and Sally to put a message on South Cotswold's Message board
2. Short notice so no chance of this being advertised – if it isn't advertised/available to all Ramblers, it isn't a South Cotswold Ramblers walk, just a walk with friends you contact.

### **Altered walk (if you need to make small changes nearer the time)**

If you are using the same start place and the distance is more or less the same, there is no need to do anything though you might like to contact Ann or Sally to put a message on the message board.

### **Emergency contact details on phone or with a card**

Have you set up an Emergency contact on your phone? This is someone (family or friend) who you would want contacted if you were in an emergency. This number can be called instantly, bypassing any passwords or locked screen, and is used by paramedics. It doesn't call 999. Ramblers are recommending that walkers make it easier to make this information accessible. You can of course carry a card (preferably waterproofed!) in your rucksack, (Ann and Sally have some cards so ask them on a walk) but, if you prefer to set this up on your phone, we have posted instructions (for Android and iPhone) on the Message board on our website. Various members of the committee have tried these out on a variety of phones so we hope they will work for everyone! We appreciate that walking with a group in the Cotswold is not the most hazardous of the activities we do, but it seems a good idea to have this information accessible.

### **Walk Leader training**

Ramblers head office have some online walk leadership training on their website for new walks leaders. You can find this at:

<https://www.ramblers.org.uk/go-walking-hub/walk-leadership-online-training>

Happy Rambling!

*Sally*