

South Cotswold Ramblers Our Walks - July 2013



at the heart of walking

Mon 1 Jul morning 3.2m L Across the fields gentle walk Colin 01453 843716 on day 07525 453911 Meet 10.20 for 10:30 start from Kingswood, park considerately in village, meet on the Chipping outside Dinneywicks. L162/E167 ST 746917 http://tinyurl.com/mapKingswood A short walk along the road to start with, then across fields, alongside the railway line to outskirts of Charfield, then around and back to Kingswood. A few stiles to cross. The Dinnywicks pub for a drink, and cafe next door serving light refreshments, but best to bring a picnic.

Wed 3 Jul short day 8m L Walk in Berkeley Vale Ray C 01453 811545 Meet 09:50 for 10:00 start from Laburnum Cottage, New Brookend, Berkeley GL13 9SF. Car parking is in my garden at the rear of the house. L162/E167 SO 685020 http://tinyurl.com/mapBrookendLabCot We start walking from my house and depending on the weather will dictate the walkable paths. We will be come across numerous stiles. The paths will cross fields containing lifestock, wild fauna and hopefully wild flowers. Bring walking boots unless the weather has been extremely dry. Bring drinks and a packed lunch.

Thu 4 Jul evening 3.5m L The two river Fromes Goff & Trish 01453 824399 on day 07709 236989 Meet 18:20 for 18:30 start from Eastington, Old Badger Inn. Limited parking if staying, or park considerately in Victoria Drive opposite. http://tinyurl.com/mapEastingtonOldBadger L162/E168 SO 777053 Fields and rivers. Drink/food poss. after.

Sat 6 Jul EITHER day 9.6m L/M Gloucestershire Way No 9 Mike & Richard 01453 873625 / 01453 762373 on day 07749 282087 Meet at 09:20 for 09:30 at Winchcombe, Back Lane Car Park (off B4362 Gloucester Street). Parking is £1 all day. OL45/L150 SP 024284 http://tinyurl.com/mapWinchcombeCP (Please leave 2 spare car seats for shuttling to Condicote (SP 153282) http://tinyurl.com/mapCondicote). 100 mile linear walk - Forest, Vale and High Blue Hill. Today's section is from Condicote via Cutsdean and Ford to Winchcombe. Picnic.

Sat 6 Jul OR morning 5.25m M Five Nature Reserves Dave G & Ann T 01242 862564 on day 07813 381097 Meet 09:50 for 10:00 start from Frampton Mansell, park in the overflow car park at rear of Crown Inn. L163/E168 SO 923027 http://tinyurl.com/mapFramptonMansCrown Canal, Woods, Meadows, Tracks including 1 or 2 hilly sections. Food available.

Wed 10 Jul morning 5m M/H Kilkenny to Foxcote Graham B 01452 725405 Meet 09:50 for 10:00 start from Kilkenny Viewpoint car park off A436. L163/OL45 SP 004186 http://tinyurl.com/mapKilkenny Across hills to Shill Hill then to St.Paul's Epistle; good scenery; deer. Food available at the Kilkenny Arms nearby.

Thu 11 Jul evening 4.2m M Avening Evening Walk John G 01453 834141 Meet 18:20 for 18:30 start. Park near church at Avening. *http://tinyurl.com/mapAvening* L162/E168 ST 880980 Via Nags Head, Golf Course, Steps Lane.

Sat 13 Jul long morning 7m L Deerhurst, Apperley and the River Severn Andrew 01452 857958 on day 07900 390351 Meet 09:50 for 10:00 start from Deerhurst, Odda's Chapel. £1 Parking fee. Please use honesty box. L162/E179 SO 869298 http://tinyurl.com/mapDeerhurstOdda Almost entirely flat (one short climb). Route crosses fields to Apperley and continues by the banks of a disused canal to reach the River Severn for the final 3 miles. Possible lunch stop by River Severn so bring picnic.

Mon 15 Jul morning 4m M/H Start the Week Easy Paced Walk from Cashes Green Erica 01453 756772

Meet 10.20 for 10:30 start from Cashes Green, Prince of Wales CP, GL5 4RD. http://tinyurl.com/mapCashesGreenPW L162/E179 ST 829055 Randwick and Westrip. Meal possible at the end of the walk.

Tue 16 Jul day 10m H The Malverns Again Ray W 01453 547213 Meet 09:50 for 10:00 start from small free CP on R (N) at top of Hollybush Hill, HR8 1ET. L150/E190. SO 758369 http://tinyurl.com/mapHollybushHill Midsummer Hill, Eastnor Park, Bromesberrow, Chase End Hill, Ragged Stone Hill. Picnic.

Thu 18 Jul evening 4.5m M/H An Evening in Shurdington Enid 01242 863283 on day 07570 789317

Meet 18:20 for 18:30 start from Shurdington, The Cheese Rollers on A46. Only use pub car park if using at end. If not, park in Lambert Gardens on other side of road. L163/E179 SO 919183 http://tinyurl.com/ShurdingtonCheeseRollers The Gloucestershire Way, Crickley Hill, Greenway Lane. Pub meal at end if required.

Sat 20 Jul day
9.5m M Coaley Peak Circular
Peter & Susan 01453 860797 on day 07854 634090
Meet 09:50 for 10:00 start from Coaley Peak CP. L162/E168 SO
794012 http://tinyurl.com/mapCoaleyPeak Coaley Wood,
Uley Bury, Uley Church, Owlpen Manor, Lutheredge Farms,
Bowlas Wood and return via Nympsfield to Coaley Peak. Bring a picnic lunch.

Wed 24 Jul morning 6m M Valley of the Miry Brook Sheila L 01453 757295 on day 07972 904325

Meet 09:50 for 10:00 start from Nympsfield, meet by Rose and Crown Pub after parking considerately in the village. L162/E167 SO 800005 http://tinyurl.com/mapNympsfield The valley and farms between Nympsfield and Nailsworth. Possible pub lunch at end of walk.

Fri 26 Jul evening 4m M/H Rodborough Parish Council Walk Richard & Diana 01453 762373 on day 07973 860669 Meet 17:50 for 18:00 start from Rodborough Pavilion Car Park. Go up from Golden Cross A46 and straight across Rodborough Hill into Butterow West. L162/E168 SO 847044 http://tinyurl.com/mapRodboroughPavilion An evening mystery tour.

Sat 27 Jul morning 5.8m M Variations on the Daneway Ros & Ron 01285 239054 on day 07917 808234

Meet 09:50 for 10:00 start from Daneway Inn Car Park. L162/E179 SO 939034 http://tinyurl.com/mapDaneway From the Daneway pub on to Far Oakridge and Oakridge village. Down onto the canal bank and river valley. Then through part of the Bathhurst estate to Sapperton. Descent through woods on to Daneway House returning to pub. Pub lunches available at the Daneway.

Wed 31 Jul morning 5.75m M/H Around Randwick Steve & Rosemary 01453 860130 Meet 09:50 for 10:00 start from Randwick, outside the Vine Tree. Park in adjacent car park or use pub car park if visiting afterwards. L162/E179 SO 829068 http://tinyurl.com/mapRandwickVineTree Bread Street, Pitchcombe, Edge Common, Bird in Hand. Possible pub meal at end.



South Cotswold Ramblers Our Walks - August 2013



at the heart of walking

Thu 1 Aug evening 4m M/H Uley in the evening Kathy 01453 860004 Meet 18:20 for 18:30 start from Uley, Old Crown. Park on road by Church or use pub car park at rear if visiting afterwards. http://tinyurl.com/mapUleyOldCrownCP L162/E168 ST 792985 A Uley circular. Pub meal available afterwards if required.

Sat 3 Aug long morning 7.7m M A Real Coffee Stop Walk Mike & Heather 01453 873625 on day 07749 282087Meet 09:50 for 10:00 start. Park near church at Avening. L162/E168 ST 880980 http://tinyurl.com/mapAvening Via Tiltups End for morning coffee, Chavenage House, Macmillan Way. Bring a bite in case of hunger.

Sat 3 Aug day 11.6m M A Real Coffee Stop Walk jumbo size! John G 01453 834141 Meet 09:50 for 10:00 start. Park near church at Avening.http://tinyurl.com/mapAvening L162/E168 ST 880980 Via Tiltups End for morning coffee, Chavenage Green, Tetbury. Bring a packed lunch.

Brian & Ann 01452 770510 on day 07770 895035 Meet 10.20 for 10:30 start from Bisley, The Bear CP or street parking nearby. http://tinyurl.com/mapBisleyBearCP L163/E179 SO 903060 Bisley, Copsgrove, Toadsmoor, Nashend, Bisley, Pub. lunch possible after at The Bear.

Wed 7 Aug morning 6m M Lovely hills and valleys north of Bath Jacqui P 01666 826139 Meet 09:50 for 10:00 start from Bath, Lansdown, The Blathwayt CP (if coming in after walk) near racecourse.L172/E155 ST 726686 http://tinyurl.com/mapBathLansdownBlathwayt Woolley, Langridge, Greville monument. Lunch or drinks after walk.

Thu 8 Aug evening 4m M/H Daneway Valley Walk Richard & Diana 01453 762373 on day 07973 860669 Meet 18:20 for 18:30 start from Daneway Inn Car Park. L162/E179 SO 939034 http://tinyurl.com/mapDaneway Canal and valley from the Daneway. Pub for food and or drink afterwards.

Sat 10 Aug day 9.5m M Conquerors, allies and refugees Jill 01242 255994 on day 07815 786467 Meet 09:50 for 10:00 start from Hangman's Stone layby on old A40 west of Northleach near Hampnett. L163/OL45 SP 088151 http://tinyurl.com/mapHangmansStone A circular walk via Yanworth, Chedworth, Fossebridge, Stowell Park. Pub lunch available at the Inn at Fossebridge.

Wed 14 Aug morning 5.5m M Wander Withington Enid 01242 863283 on day 07570 789317 Meet 18:20 for 18:30 start from Withington, Mill Inn. L163/OL45 SP 031154 http://tinyurl.com/mapWithington By river Coln, Chedworth nature reserve and Withington Woods. Pub lunch at end if required.

Thu 15 Aug evening 4m M **Secret Valleys** Pam P 01453 765541 on day 07572 438754 Meet 18:20 for 18:30 start from Kingscote, Hunters Hall Inn CP. Park in pub CP if you are coming to the pub afterwards, otherwise there is parking in side road opposite.

http://tinyurl.com/mapKingscoteHuntersHall L162/E168 ST 814960 Summer Walking through secret valleys around Bagpath and Ozleworth Bottom. Optional Meal at Hunters Hall.

8m L/M South of Tetbury Olivia 01453 Sat 17 Aug day 751716 Meet 09:50 for 10:00 start from Tetbury Old Station CP (free).http://tinyurl.com/mapTetburyOldStation L162/E168 ST 893933 Escourt Park, Shipton Mill, Long Newnton. Picnic.

Mon 19 Aug morning 4m L/M Start the Week Easy Paced Walk - Not the water babies Maurice 01453 811162 on day **07912 552075** Meet 10.20 for 10:30 start from Ham Layby at stile to Deer Park or on roadside in village. L162/E167 ST 678982 http://tinyurl.com/mapHamLayby Whitcliff Deer Park and Ham.

Wed 21 Aug morning 5.5m M/H France Lynch circular Brian & Ann 01452 770510 Meet 09:50 for 10:00 start from France Lynch, Kings Head if eating or drinking. Lane down to pub very narrow, you may prefer to park at top of lane (Highfield Way). L163/E179 SO 903036

http://tinyurl.com/mapFranceLynch France Lynch, Bournes Green, Oakridge, canal. Food or drink possible afterwards.

Fri 23 Aug evening 4m M/H Rodborough Parish Council Mon 5 Aug morning 4m M Bisley Circular easy paced walk Walk Tim 01453 757104 Meet 17:50 for 18:00 start from Rodborough Pavilion Car Park. Go up from Golden Cross A46 and straight across Rodborough Hill into Butterow West. http://tinyurl.com/mapRodboroughPavilion L162/E168 SO 847044 Railways and canals.

> Sat 24 Aug figure of 8 11m M/H **Common Wood and Box** again Brian & Sheelagh 01453 872220 Meet 09:50 for 10:00 start from Minchinhampton Common reservoir CP. L162/E168 SO 855012 http://tinyurl.com/mapMinchResCP 10:00 AM: 6m Common, lanes and woodland with some short steep bits. Bownham, Butterow, Kingscourt. Littleworth. c.1:15 PM: 5m Box, Minchinhampton, Burleigh. Bring picnic.

> Bank Holiday Mon 26 Aug day 10m M A walk in the park John G 01453 834141 Meet 09:50 for 10:00 start from Frampton Mansell. Turn off A419 near old White Horse and park on verge near village.http://tinyurl.com/mapFramptonMansVerge L163/E168 SO 919022 A bank holiday walk via Sapperton, Cirencester Park, Coates Saw Mill, Tunnel House (lunch or picnic), Tarlton, Monarchs Way.

Waterley Bottom the other Wed 28 Aug morning 6m M way round Jane & Jan 01453 872133 on day 07774 485483 Meet 09:50 for 10:00 start from Waterley Bottom, New Inn. GL11 6EF. Car Park at rear of Pub. Narrow lanes easier approach through North Nibley. http://tinyurl.com/mapWaterleyBottom L162/E167 ST 758963 Road up to old London Road loop round overlooking Coombe. Back to pub through Laycombe Woods via Upper Rushmire Farm. Meals available at pub afterwards.

Thu 29 Aug evening 4m M Crowning Glory Sally & Keith 01453 872729 on day 07818 425088 Meet 18:20 for 18:30 start from Frampton Mansell, park in the overflow car park at the rear of the Crown Inn. http://tinyurl.com/mapFramptonMansCrown L163/E168 SO 923027 Cowcombe Hill, Chalford Valley, canal. Food available at the Crown afterwards (pre-order at 18:20).

Sat 31 Aug day 11.5m M/H Tom, Dick and Harry Bruno 01451 822465 on day 07925 595285 Meet 09:20 for 09:30 start from Lower Slaughter, St Mary's Church. L163/OL45 SP 165225 http://tinyurl.com/mapLowerSlaughter Morning 7.75m via Bourton-on-the-Water, Wyck Rissington, Icombe, Stow-on-the-Wold (picnic/optional stop at Queen's Head), Afternoon 3.75m via Hyde Mill, Upper Slaughter and return.



South Cotswold Ramblers Our Walks - September 2013



Mon 2 Sep morning 4m L/M Start the week walk around Westonbirt Kathy01453 860004 Meet 10.20 for 10:30 start from Westonbirt, quiet lane behind the Hare & Hounds hotel on A433. http://tinyurl.com/mapWestonbirtLane L162/E168 ST 861904 Westonbirt, Silk Wood and Willesley.

Wed 4 Sep morning 5m L Leighterton Olivia 01453 751716 Meet 09:50 for 10:00 start from Leighterton, Royal Oak car park. http://tinyurl.com/mapLeighterton L162/E168 ST 823912 Bowldown Wood, Bennett's Spinney, Monarch's Way. One hill and 14 stiles. Pub lunch at finish.

Sat 7 Sep long morning EITHER 7.5m M Seven Farms Anne E 01453 842551 Meet 09:50 for 10:00 start from Wotton-under-Edge, Auction Rooms CP. Go up Tabernacle Pitch and just past the graveyard turn right. You will see two drives, so take the left narrower one to emerge into a large CP. L162/E167 ST 75559350 http://tinyurl.com/mapWottonAuctionCP Kingswood, Charfield, Bradley Green. Bring a picnic.

Sat 7 Sep day OR 11m M am / L pm Gloucestershire Way No 10 (final) Mike & Richard 01453 873625 / 01453 762373 on day 07749 282087 Meet at 09:20 for 09:30 at Tewkesbury Long Stay CP (£1 a day). From M5 head towards centre passing Morrisons on R and look for Chance Street on R (between two white buildings). Take 3rd on R into Station Road. CP at far end. http://tinyurl.com/mapTewkesburyLongStayCP L150/E190 SO 899329 (Please leave 2 spare car seats for shuttling to Winchcombe (http://tinyurl.com/mapWinchcombeCP SP 024284) . 100 mile linear walk - Forest, Vale and High Blue Hill. Today's section is from Winchcombe via Dixton, Woolstone, Oxenton and Walton Cardiff to Tewkesbury Abbey. Picnic.

Wed 11 Sep short day 7.5m M/H Woodchester Circular again <u>Brian & Sheelagh</u> 01453 872220 Meet 09:50 for 10:00 start from South Woodchester, off A46 near Bottlegreen Factory. Park considerately in lanes. L162/E168 SO 840017 http://tinyurl.com/mapWoodchesterOffA46 Dingle Wood, Pen Hill, Stanley Wood, Woodchester Park. Bring picnic.

Sat 14 Sep long morning 7m M Walk in National Trust Woodchester Park Jacqui P 01666 826139 on day 07778 948615 Meet 09:50 for 10:00 start from Woodchester Park NT car park. Turn off B4066 road for Nympsfield. Follow signs to Woodchester Park (£2 or free for NT members). L162/E168 SO 797011 http://tinyurl.com/mapWoodchesterPkNTCP Walk in National Trust Woodchester Valley, exploring all five lakes, with viewpoints. Bring snacks if required.

Mon 16 Sep morning 4m M Gentle walk through secluded valley NE of Edgeworth Sheila L 01453 757295 on day 07972 904325 Meet 10.20 for 10:30 start. Meet and park on wide verge at T junction 1 mile N of Jackbarrow Farm (and almost 1 mile S of Winstone.) Anyone wanting to arrange car sharing from Stroud ring Sheila beforehand. L163/E179 SO 958086 http://tinyurl.com/mapVergeNrWinstone Thick Wood to Edgeworth Mill Farm, back along valley.

Wed 18 Sep short day 7.5m M/H North West (Frontier?) above Stroud Sally & Ros 01453 872729 / 01285 655521 on day 07818 425088 Meet 09:50 for 10:00 start fromStroud Leisure Centre Car Park top end. L162/E179 SO 843057 http://tinyurl.com/mapStroudLCCPtop Farmhill, Randwick, Vinegar Hill, Haresfield Beacon, Cotswold Way, The Throat, Bread Street. Bring a picnic.

Fri 20 Sep evening 3m M/H Rodborough Parish Council Walk Richard & Diana 01453 762373 on day 07973 860669 Meet 17:20 for 17:30 start from Rodborough Pavilion CP. Go up from Golden Cross A46 and straight across into Butterow West. http://tinyurl.com/mapRodboroughPavilion L162/E168 SO 847044 A wander round Rodborough.

Sat 21 Sep day 11m M/H Walk around Stroud (WAS) Andrew 01452 857958 on day 07900 390351 Meet 09:50 for 10:00 start from Stroud, Meningitis Trust CP, Bath Road, GL5 3TJ entrance first right after B&Q going downhill towards Nailsworth (Daniels). L162/E168/E179 SO 840043 http://tinyurl.com/mapStroudMenTrust A waymarked trail around the Stroud Parish boundaries along footpaths, canal, river and roads. Bring packed lunch.

Wed 25 Sep day 9m M/H Painswick Happy Wanderer John G 01453 834141 Meet 09:50 for 10:00 start from Painswick Walkers CP, off B4073. L162/E179 SO 866104 http://tinyurl.com/mapPainswickWCP Via Sheephouse, Pitchcombe Woods, Edge, Huddinknoll Hill, Cud Hill, Painwick Beacon. Bring a packed lunch.

Sat 28 Sep short day
8.5m M/H Mills and Hills Jill
01242 255994 on day 07815 786467 Meet 09:50 for 10:00
start from Stroud Leisure Centre Car Park, top end.
http://tinyurl.com/mapStroudLCCPtop L162/E179 SO
843057 A circular walk from Stroud heading up one of the five valleys to Painswick, returning via the Pitchcombe valley.
Pub or picnic in Painswick.

PLEASE NOTE (part 1)

RING the leader if you are in any doubt about taking part, especially if you haven't walked recently. Perhaps try shorter walks first.

TERRAIN RATINGS

L - Level or little climbing. L/M - The odd hill.

M - Moderate climbing at times, but plenty of easier walking.

M/H - Moderate to Hilly with quite a lot of hills.

H - Hilly ups and downs for most of the time.

STW = START THE WEEK WALKS are short (no more than 4 miles), easy paced sociable Monday walks suitable for:- 1/ Those who are new to Ramblers and wish to build up their confidence and fitness. 2/ Those who have been on Health Walks who want to move on to slightly longer walks. 3/ Existing members for whom our normal walks programme is becoming too strenuous. 4/ Anyone who wants an amble rather than a ramble, stopping to admire the countryside, walking and talking, and possibly finishing up with a half of shandy or perhaps even lunch. Do tell your friends! NON MEMBERS You are welcome to walk with the Group three times. We hope you will then wish to join, either online at www.ramblers.org.uk or with a leaflet, quoting GR03 if you wish to be in our particular Group. Once a Member you can walk with any group in Britain. Newly joined members please email Mike (info@southcotswoldramblers.org.uk) or ring 01453 873625 for new member information.

Please also see part 2 overleaf



South Cotswold Ramblers Our Walks - October 2013



at the heart of walking

Wed 2 Oct morning 5m L/M Winstone Wood Wander Patrick & Angela 01452 616886 on day 07778 662951 Meet 09:50 for 10:00 start from A417 Highwayman Pub CP Birdlip to Cirencester road. E179/L163 SO 966107

http://tinyurl.com/mapA417HighwaymanPub Winstone Wood, Miserden Park, Winstone village and Beech Pike. Pub lunch available.

Sat 5 Oct morning EITHER 5m M Over the fields to Coaley (Dursley Walking Festival) Karen & Tony 01453 545824 on day 07721 605409 Meet 09:50 for 10:00 start from Cam Peak CP (Peaked Down). Please consider car sharing where possible to leave room for other walkers in this popular location. L162/E167 ST 767993

http://tinyurl.com/mapCamPeakCP Ashmead Green, Coaley, Far Green. N.B. There are several stiles en route.

Sat 5 Oct short day OR 10m H Walk around Dursley (Dursley Walking Festival) Allen M 01453 545588 on day 07749 564232 Meet 09:50 for 10:00. Meeting point for the start of the walk is Dursley Town Hall. Park your car where you can, perhaps Dursley long stay car park (signed via Long Street). Drive steeply up and round LH bend to park on top level. Walk back up Long Street. L162/E167 ST 758982 http://tinyurl.com/mapDursleyLongSt Cam Peak, Cam Long Uley Bury, Dursley Woods, Hilly. Bring your Lunch.

Mon 7 Oct morning 3.5m M Stroll to Alderley and Back Start The Week easy paced walk Anne E 01453 842551 Meet 10.20 for 10:30 start from Hillesley, Fleece Inn CP. L162/E167 ST 770897 http://tinyurl.com/mapHillesleyFleece Rose Hill and Alderley then Cotswold Way to Hillesley. Lunch or drinks in pub at end of walk.

Wed 9 Oct morning 6m L Canals, river, and ex-railways Maurice 01453 811162 on day 07912 552075 Meet 09:50 for 10:00 start from Brookend (near Berkeley) Lammastide Inn. Post code GL13 9SF. Use car park if going in after walk. L167/OL14 SO684021 http://tinyurl.com/mapBrookend Via Sharpness, Severn Way, Purton hulks. Lunch possible after.

Sat 12 Oct morning 6m M/H Whiteshill revisited in Autumn Denys 01453 751581 on day 07783 269574 Meet 09:50 for 10:00 start from Whiteshill, car park by the Playing Field. E179/L162 SO 839070 http://tinyurl.com/mapWhiteshillCP Cotswold Way clockwise via Haresfield Beacon & Pitchcombe Wood. Snacks available at Village Shop.

Wed 16 Oct morning 6m M Is Wetmoor really wet! Anne E 01453 842551 Meet 09:50 for 10:00 start from Wickwar Playing Field CP. Go west from Wickwar centre on B4509 towards Charfield, passing Alderley Group sign on L and it is the next narrow turn on left signed Playing Field. Follow windy track for 500 yards to CP. E167/L162 ST 722886 http://tinyurl.com/mapWickwarPlayingField Sturt Bridge, Lower Lodge, Lower Woods. The Buthay Pub or Cafe at end for refreshments at end of walk.

Sat 19 Oct morning 6m L Rodmarton Circular Tim 01453 757104 Meet 09:50 for 10:00 start from Rodmarton, Cherington Road, park on verge. L162/E168ST 939979 http://tinyurl.com/mapRodmarton Macmillan Way, Tarlton and Monarch's Way.

Mon 21 Oct morning 4m L/M STW Around the Stanleys and Middleyard Anne C 01453 752654 Meet 10.20 for 10:30 start from King's Stanley SDC CP opposite the pub. http://tinyurl.com/mapKingsStanleySDCCP L162/E168 SO 811034 Easy pace from Kings Stanley to Cotswold Way. Possible pub lunch afterwards.

Wed 23 Oct morning 5m M/H Nympsfield and Owlpen Jon 01453 765490 on day 07847 612440 Meet 09:50 for 10:00 start from Coaley Peak CP. L162/E168 SO 794014 http://tinyurl.com/mapCoaleyPeak Coaley Peak, Nympsfield, Owlpen, Uley, Uley Bury, Cotswold Way to starting point. Meals available at Rose and Crown afterwards.

Sat 26 Oct long morning 7m M Autumn leaves David & Maurice 01453 547580 / 01453 811162 / on day 07891 918275 Meet 09:50 for 10:00 start from Painswick Walkers CP, off B4073. http://tinyurl.com/mapPainswickWCP L162/E179 SO 866104 A moderate circular walk to Cranham and Sheepscombe through woods, commons and fields. Picnic.

Wed 30 Oct morning 6.5m M Half the walk it started out to be! Ann A 01453 839089 on day 07931 114439 Meet 09:50 for 10:00 start from Nailsworth, Egypt Mill CP, far side. http://tinyurl.com/mapNailsworthEgyptMill L162/E168 ST 850998 Ruskin Mill gardens to Horsley, through the fields to Woodleaze Farm, across the road to Upper Luthridge, Sallywood, Wallow Green and back to Egypt Mill. Food and drinks available at Egypt Mill, they have a good Bistro menu.

PLEASE NOTE (part 2)

 $\ensuremath{\mathsf{MESSAGES}}$ on our website will show any changes or additional information about any walk

www.southcotswoldramblers.org.uk/messages

PLEASE don't walk ahead of the leader unless asked.

WHAT TO BRING Bananas are popular as a snack, and bring plenty of water, to avoid dehydration. On day walks you are advised to bring food supplies, even if planning a pub lunch, in case the pub is closed. Wear strong footwear. Bring waterproofs and/or warmer clothing. It is advisable to bring a simple first aid kit. Remove muddy boots in pubs/churches.

DOGS - Sorry, registered assistance dogs only.

IMPORTANT - KEEPING TOGETHER ON A WALK Most parties will have a back marker appointed for the walk. Please inform this person if you need to drop behind for a comfort stop, and tell them when you catch up again. All members of larger parties are asked to help by keeping a look out behind them. If the people behind you are in danger of losing touch, perhaps in a wood, please pause and tell the people in front of you to stop too. Thank you.

ADVERSE CONDITIONS Leaders may decide to cancel or shorten the walk, taking into account everyone's health and safety. Please contact them if doubt before travelling. Leaders are welcome to have messages put on the website.

THE RAMBLERS ASSOCIATION is a registered charity (England & Wales no 1093577, Scotland SC039799) and a company limited by guarantee in England and Wales (no 4458492) Registered office 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.

ALL LEISURE ACTIVITIES have inherent hazards associated with them including rambling. In spite of participants' safety always being the paramount concern, accidents will occasionally occur. It is important that each person appreciates their responsibility to identify hazards and take all reasonable steps to eliminate or minimise the potential for accidents.