

## Led Walks Programme

**March 2011** 

Wed 2 Mar morning 5m L Canals and rivers

Kathy - 01453 860004

Meet 09:50 for 10:00 start from Saul Church - park considerately in village. L162/E014 SO 748092 http://tinyurl.com/mapSaul Stroudwater and Glos/Sharpness canals and River Frome. Pub Lunch at Frampton after if desired.

Sat 5 Mar morning 6m M Spring around Sapperton Jacqui - 01666 826139 on day 07778 948615 Meet 09:50 for 10:00 start from Daneway Inn car park. L162/E179 SO 939034 <a href="http://tinyurl.com/mapDaneway">http://tinyurl.com/mapDaneway</a> Sapperton, Pinbury Park, Edgeworth. Lunch after walk if required.

Tue 8 Mar morning 5m L Slimbridge Stroll Ann L - 01453 890085 on day 07879 600331 Meet 09:50 for 10:00 start from British Legion CP, far end. L162/OL14 SO 741031 http://tinyurl.com/mapSlimbridgeBLCP A level morning walk around the area.

Sat 12 Mar 5m + 4m 9m M EITHER Two walks from Avening

John G - 01453 834141

Meet 09:50 for 10:00 Park near church at Avening. L162/E168 ST 880980 http://tinyurl.com/mapAvening AM 5m Steps Lane, Golf Course and Nags Head Lane, pub lunch possible at Bell. PM 4m Ledgemoor Pond and Hazel Wood.

Sat 12 Mar longer 11m M OR Priors Norton Graham W & Keith H - 01453 885408 / 01453 823916 on day 07977 863592 / 07966 401522 Meet 09:50 for 10:00 start from layby on A38 with Priors Norton church on hill above main road. E179 SO 863244 <a href="http://tinyurl.com/mapPriorsNortonLayby">http://tinyurl.com/mapPriorsNortonLayby</a> To the Severn and back via Sandhurst. Bring a packed lunch.

Wed 16 Mar morning 5.25m M/H Hawkesbury and Horton Ray - 01453 547213

Meet 09:50 for 10:00 start from Beaufort Arms, Hawkesbury Upton (park at rear of car park). L162/E167 ST 778869

http://tinyurl.com/mapHawkesburyUBeaufortA Horton Court, Horton and Hawkesbury Common. Pub lunch available.

Sat 19 Mar short day 8m M Newent Daffodil Walk New Leader Andrew - 01452 857958 on day 07900 390351 Meet 09:50 for 10:00 start from the free car park just off the High Street in Newent. EOL14 SO 721260 http://tinyurl.com/mapNewentCP Oxenhall Church, Greenaways Wood, Hay Wood, Kilcot, Newent Arboretum. Packed lunch.

Wed 23 Mar morning 5m L Upton Parish Perambulation Pat & Angela - 01452 616886 on day 07778 662951 Meet 09:50 for 10:00 start from Kings Head pub, Upton St. Leonards on B4073 at foot of Painswick Hill. If dining, park at pub. If not, use lane on uphill side of pub. L162/E179 SO 859146 http://tinyurl.com/mapUptonStLeonards Circular around Nut Hill.

Sat 26 Mar day
9.5m L
Westonbirt and Leighterton
Olivia - 01453 751710
Meet 09:50 for 10:00 start from quiet lane behind the Hare & Hounds hotel on A433 at Westonbirt. L162/E168 ST 861904
http://tinyurl.com/mapWestonbirtLane Willesley, Westonbirt, Leighterton, Bowldown Wood, Pub lunch at Leighterton possible.

Sat 26 March 7:30 pm SOCIAL EVENT STROUD SYMPHONY ORCHESTRA CONCERT - see also newsletter

Holy Trinity Church near the General Hospital in Stroud - Programme - Sibelius Karelia Suite / Symphony No 5, Tchaikovsky Violin

Concerto Soloist: Emil Kleve (semi-finalist in BBC Young Musician) and a lovely new work by Berkeley composer Hayley Savage.

Wed 30 Mar morning 5.5m M Sapperton and Pinbury

Brian K - 01452 812718

Meet 09:50 for 10:00 start from Sapperton village, near Church. L163/E179 SO 947033 *http://tinyurl.com/mapSapperton* Pinbury Park, Edgeworth Manor and church and a path that passes Tunley Cottage, towards the Daneway Inn, along the canal leading back to Sapperton.

#### **POINTS TO NOTE**

**RING** the leader if you are in any doubt about taking part, especially if you haven't walked much recently. We have quite a few short walks.

TERRAIN RATINGS L - Level or little climbing

M - Moderate amount of climbing, but with plenty of easy walking

M/H - Moderate to Hilly with quite a lot of hills

H - Hilly ups and downs for most of the time.

WHAT TO BRING Bananas are popular as a snack, and bring plenty of water, as dehydration can really happen! On day walks you are advised to bring food supplies, even if planning a pub lunch, in case the pub is closed without notice! Wear strong footwear. Brings waterproofs and/or warmer clothing. Several thin layers are good for flexible temperature control. It is advisable to bring a simple first aid kit. Remove muddy boots in pubs/churches. Sorry, dogs not allowed.

## PLEASE don't walk ahead of the leader unless asked. IMPORTANT - KEEPING TOGETHER ON A WALK

Larger parties will have a back marker appointed for the walk. Please inform them if you need to drop behind for a comfort stop, and tell the back marker when you catch up again. All members of larger parties are asked to help by keeping a look out behind them. If the people behind you are in danger of losing touch, please pause and tell the people in front of you to stop too, especially at woodland path junctions. Thank you.

**NON MEMBERS** You are welcome to walk with the Group on up to three occasions. We hope you will then wish to

join, either on-line at <a href="www.ramblers.org.uk">www.ramblers.org.uk</a> or with a leaflet, quoting GR03 if you wish to be in our particular Group. You can of course walk with any group in the country at any time once a member. Please let our Group Membership Secretary Mike Garner know as soon as you have applied to join, and he will send you group communications without delay. Email (<a href="mailto:info@southcotswoldramblers.org.uk">info@southcotswoldramblers.org.uk</a>) or ring 01453 873625.

**MESSAGE BOARD** If there have to be any changes or additional information about any walk, we update our website regularly, often several times a week, see www.southcotswoldramblers.org.uk/messageboard

ALL LEISURE ACTIVITIES have inherent hazards associated with them including rambling. In spite of participants' safety always being the paramount concern, accidents will occasionally occur. It is important that each person appreciates their responsibility to identify hazards and take all reasonable steps to eliminate or minimise the potential for accidents.

ADVERSE CONDITIONS Leaders may decide to cancel or shorten the walk, taking into account everyone's health and safety. Please contact them if doubt about conditions before travelling. Leaders are welcome to have late news put on the message board (contact Mike)

THE RAMBLERS ASSOCIATION is a registered charity (England & Wales no 1093577, Scotland SC039799) and a company limited by guarantee in England and Wales (no 4458492) Registered office 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.



## Led Walks Programme April 2011

Sat 2 Apr morning 5m L Nebrow Hill and the river Cam

Kathy - 01453 860004

Meet 09:50 for 10:00 start from small car park on left at far end of Frampton on Severn Green, at start of turning to Sailing Club. If this is full park considerately by the Green. L162/OL14 SO 747075 <a href="http://tinyurl.com/mapFramptonSmallCP">http://tinyurl.com/mapFramptonSmallCP</a> Nebrow Hill, River Cam and Sharpness Canal. Pub lunch possible after.

Wed 6 Apr morning 6m M/H Cranham to Upton St Leonards Jacqui - 01666 826139 on day 07778 948615 Meet 09:50 for 10:00 start from Royal William, on A46 at Cranham. L162/E167 SO 878127 <a href="http://tinyurl.com/mapRoyalWilliam">http://tinyurl.com/mapRoyalWilliam</a> Pope's Wood, Cud Hill Common, Upton St. Leonards. Lunch afterwards if required.

Thu 7 Apr 7:30 pm Skittles & buffet supper - Red Lion, Arlingham see Newsletter for details <a href="http://tinyurl.com/mapArlingham">http://tinyurl.com/mapArlingham</a>
Sat 9 Apr 6m + 4m

10m M EITHER Common Wood and Box Brian & Sheelagh - 01453 872220 on day 07761 039595
Meet 09:50 for 10:00 start or for lunch (at 13.30) at Reservoir on Minchinhampton Common (between Tom Long's Post and Amberley). L162/E168 SO 855012 <a href="http://tinyurl.com/mapMinchResCP">http://tinyurl.com/mapMinchResCP</a> Figure of 8. AM Mainly common and woodland with some steep bits via St Chloe, Houndscroft, Fort, Butterow, Bownham. Bring a picnic. PM 13:30 Burleigh, Minchinhampton and Box. Sat 9 Apr longer

9m M OR A Right Royal Route
Enid - 01242 863283 on day 07962 561888
Meet 09:50 for 10:00 start from Chavenage Green. L162/E168 ST 865957 <a href="http://tinyurl.com/mapChavenageGreen">http://tinyurl.com/mapChavenageGreen</a> Beverston, The Monarch's Way, Westonbirt, Highgrove. Please bring a picnic.

Wed 13 Apr day 9m H Painswick Valley

John G - 01453 834141

Meet 09:50 for 10:00 start from Stroud Leisure Centre CP. L162/E179 SO 844055 <a href="http://tinyurl.com/mapStroudLCCP">http://tinyurl.com/mapStroudLCCP</a>
Ruscombe, Pitchcombe Woods, Edge, Cotswold Way to Painswick, return across fields. Pub lunch poss. at Falcon Inn, Painswick.

Sat 16 Apr day

10m M Bourton day out

Errol & Pip - 07716 752391

Meet 09:50 for 10:00 start from Bourton-on-the-Water Leisure Centre. L163/OL45 SP168212

http://tinyurl.com/mapBourtonLeisureCentre Windrush and Wardens Ways. Picnic lunch.

Wed 20 Apr morning 6m L/M Sherston Spring Sally Mike & Heather - 01453 873625 on day 07749 282087 Meet 09:50 for 10:00 Park considerately and meet by Sherston Church. L173/E168 ST 854860

http://tinyurl.com/mapSherstonChurch Didmarton and Sopworth. Pub lunch possible. Second try - snowed off last December.

Sat 23 Apr day

10m M Sue's Walk

Richard & Diana - 01453 762373 on day 07973 860669

Meet 09:50 for 10:00 start from St Cyr's Church Stonehouse. Approach from Boakes Drive. At church turn right into dead end side road. E168 & E179 SO 800050 http://tinyurl.com/mapStCyrs Nastend, Standish Church, Haresfield Topograph, Cotswold Way to Ryeford back along the canal. One steep climb only up to Topograph. Bring picnic.

Wed 27 Apr morning 6m M Not the Royal Wedding Cake Walk Richard & Diana - 01453 762373 on day 07973 860669 Meet 09:50 for 10:00 start from Windyridge layby on Birdlip road out of Bisley. L163/E179 SO 903064 <a href="http://tinyurl.com/mapBisleyWindyridge">http://tinyurl.com/mapBisleyWindyridge</a> Oakridge, Waterlane. Undulating terrain Pubs available at end if required. Di and I will bring a cake suitable for a royal wedding.

Thu 28 Apr evening 3.5m M Hen/stag night walk Richard & Diana - 01453 762373 on day 07973 860669

Meet 18:20 for 18:30 start from Lamb Inn, Eastcombe. L162/E168 SO 891044 http://tinyurl.com/mapEastcombeLamb Steep
descent into Toadsmoor then gentle climb towards Bisley and back through Nashend. Drink and food available at pub at end.

Sat 30 Apr day 9.5m M Two Hills and a Wake Alex - 01453 826907

Meet 09:50 for 10:00 start from Quarry CP, Hartley Lane, Leckhampton. L163/E179 SO 946176

Meet 09:50 for 10:00 start from Quarry CP, Hartley Lane, Leckhampton. L163/E179 SO 946176

http://tinyurl.com/mapLeckhamptonQuarryCP Via Leckhampton Hill, Crickley Hill, Birdlip. Picnic required.

#### WALK OFFERS NEEDED FOR JULY TO OCTOBER

Thank you, leaders, for the 47 walks planned for the current programme. Please would all of you, both old and new, contact Jacqui P on 01666 826139 with your midweek date offers and John G on 01453 834141 with weekend date offers no later than 15 April and phone or send details online if you are able (see the Leaders' Page) by 25 May or sooner. Thank you.

#### **ONLINE USERS**

If you view this walks programme on line, you can click the maps, eg http://tinyurl.com/mapBarrowWake



and you will see a map like this one on the left.

The Zoom Control

- and + will give you eight different types of map including Landranger, Explorer and even Street Maps. Have an experiment with them. Never get lost again!

#### Friday Evening Rodborough Walks

This is the third year of evening walks on behalf of Rodborough Parish Council. Richard Davis, helped by Diana Davis along with Tim Chambers are continuing to lead another series of Friday evening walks at 6 pm from Rodborough Pavilion (3-5 miles) and invite you to join in.

21st April - A visit to Rodborough Common. 27th May - The other side of the valley.

24th June - Quiet lanes.

There may be pub stops on some of the walks.

http://tinyurl.com/mapRodboroughPavilion



# Led Walks Programme May 2011

Wed 4 May morning 7m L/M Deer Park and Little Avon Maurice - 01453 811162 on day 07912 552075 Meet 09:50 for 10:00 start from Salutation Inn, Ham, nr. Berkeley. L162/E167 ST 680984 http://tinyurl.com/mapHamSalutation Deer Park, Stone and Little Avon. Mainly level with one short climb. Pub lunch after if required.

**Thu 5 May evening**4m M Know your Trees in Lineover Wood
Graham B - 01452 725405
Meet 18:20 for 18:30 start from Reservoir Inn car park, opposite Dowdeswell reservoir. On A40 east of Charlton Kings. L163/E179
SO 985197 http://tinyurl.com/mapDowdeswellReservoir Repeat of an enjoyable walk round Lineover Wood, Food / drink after.

Sat 7 May 6m + 3m 9m M EITHER In the Green Forest Patrick & Angela 01452 616886 on day 07778 662951 Meet 09:50 for 10:00 start from Dark Hill CP, Milkwall, 1.5 miles SE of Coleford (clearly marked on Landranger and Explorer maps). L162/OL14 SO 587086 http://tinyurl.com/mapMilkwallDarkHill Figure of 8 - am:6 miles via Milkwall, Sling, Clements End, Oakwood Brook, Mill Hill and Quest Slade with much industrial archeology, picnic - pm: another 3 mile loop.

Sat 7 May longer 14m L/M *OR* Vale of Berkeley Karen & Tony - 01453 545824 on day 07721 605409 Meet 09:50 for 10:00 start from Long stay CP Berkeley (by library). L162/E167 ST 683993 <a href="http://tinyurl.com/mapBerkeleyCP">http://tinyurl.com/mapBerkeleyCP</a> Ham, Deer Park, Bevington, Hill, Severn Way. Bring a packed lunch.

Wed 11 May morning 5m M/H Hills near Dursley Michael & Gillian - 01453 542386 on day 07949 812975 Meet 09:50 for 10:00 start from Dursley long stay car park, via Long Street, Dursley. L162/E167 ST 759982 http://tinyurl.com/mapDursleyLongSt Cam Long Down, Uley Bury, Uley and back along the valley to Dursley.

Thu 12 May evening 4m L By the Severn Bridge Anne H - 01453 842831 Meet 18:20 for 18:30 start from Boars Head CP, Aust. L162/E167 ST 574890 http://tinyurl.com/mapAustBoarsHead A walk by the Old Passage and along the River Severn. Pub meal possible afterwards.

Sat 14 May morning 5.5m L Eastington to Leonard Stanley Bernard - 01453 884013 on day 07816 834828 Meet 09:50 for 10:00 start from Eastington Picnic Area by Canal. At Little Chef roundabout on A419 turn towards Eastington and immediately L into Pike Lock CP. L162/E168 SO 784060 http://tinyurl.com/mapPikeLock Leonard Stanley, Middleyard, Stanley Mill, Beards Mill. Get Walking Day.

Wed 18 May morning 6m M/H Whiteshill & beyond - yet again Denys 01453 751581 on day 07783 269574 Meet 09:50 for 10:00 start from Car Park next to Village Shop by Playing Field in Whiteshill. E179/L162 SO 839070 http://tinyurl.com/mapWhiteshillCP Pitchcombe, Cotswold Way and eventual return. Snacks available at shop afterwards.

Thu 19 May evening 4m M Common Views Pam - 01453 765541 Meet 18:20 for 18:30 start from large car park on Selsley Common. L162/E168 SO 829027 http://tinyurl.com/mapSelsleyCom/woodchester and Selsley Common. Optional meal at Bell afterwards.

Sat 21 May 6m + 6m 12m M Bibury figure of 8 Errol & Pip - 07716 752391 Meet 09:50 for 10:00 start from Riverside CP, Bibury. L163/OL45 SP 115068 http://tinyurl.com/mapBibury AM 6m Coln St Aldwyns. Picnic lunch. PM 6m Ablington and Salt Way.

Wed 25 May morning 6m L Saul Junction and Eastington Bernard - 01453 884013 on day 07816 834828 Meet 09:50 for 10:00 start from Fromebridge Inn on A38 access from A419/A38 roundabout. L162/EO14 SO 769073 http://tinyurl.com/mapFromebridgeInn Walk Bridge, Whitminster, Eastington. Pub lunch available at Fromebridge Inn.

Sat 28 May morning 6m L Rodmarton Circular Tim - 01453 757104

Meet 09:50 for 10:00 Park on verge of Cherington Road in Rodmarton. L162/E168 ST 939979 http://tinyurl.com/mapRodmarton

Tarlton Down, Macmillan Way, Monarch's Way.

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## Led Walks Programme June 2011

Wed 1 Jun morning 4.5m L Eastington Olivia - 01453 751716

Meet 09:50 for 10:00 start. At Little Chef roundabout on A419 turn towards Eastington and immediately L into Pike Lock CP.

L162/E168 SO 784060 http://tinyurl.com/mapPikeLock Cress Green, The Ocean.

Thu 2 Jun evening 4m M **Ring around Shurdington** Enid - 01242 863283 on day 07962 561888 Meet 18:20 for 18:30 start from The Bell, Shurdington on A46. Only use pub car park if eating there at end, if not, use parking by playing field. L163/E179 SO 924188 http://tinyurl.com/mapShurdingtonBell A circular including Up Hatherley and Leckhampton. Sat 4 Jun short day 7m M Three commons David & Maurice - 01453 547580 / 01453 811162 on day 07891 918275 Meet 09:50 for 10:00 start from Walkers car park Painswick off B4073. L162/E179 SO 866104 http://tinyurl.com/mapPainswickWCP Moderate walk to Cranham & Sheepscombe through woods, commons and fields. Picnic. Tue 7 Jun evening Christine - 01452 422396 on day 07787 924327 4m L **Ampney Crucis** Meet 18:20 for 18:30 start from Ampney Crucis, the large lay by off the A419 past The Crown at Crucis. L163/E169 SP 072017 http://tinyurl.com/mapAmpneyCrucisLayby Hilcot End, through the attractive cornfields to Ampney St Mary, Ampney St Peter, returning to the Layby. Food and drink possible afterwards at The Crown.

Thu 9 Jun 5.5m + 4m 9.5m M/H Painswick and Beacon fig 8 Bernard - 01453 884013 on day 07816 834828 Meet 09:50 for 10:00 start from Walkers CP Painswick, off B4073. L162/E179 SO 866104 http://tinyurl.com/mapPainswickWCP AM 5.5 miles Stark Hill. Washbrook, pub or picnic lunch, PM 4 miles Paradise, Painswick Beacon.

Sat 11 Jun short day 7.75m L EITHER Young Father Thames Andrew - 01452 857958 on day 07900 390351 Meet 09:50 for 10:00 start from Neigh Bridge Country Park (free), just off the B4696, South of Somerford Keynes. L163/E169 SU 017946 <a href="http://tinyurl.com/mapNeighBridgeCP">http://tinyurl.com/mapNeighBridgeCP</a> Entirely flat. Walk starts along young River Thames to Ewen, Keynes Country Park, Somerford Keynes, Neigh Country Park. Bring packed lunch.

Sat 11 Jun 7m + 5m 12m M OR Hinchwick figure of eight Errol & Pip - 07716 752391 Meet 09:50 for 10:00 start from verge opposite Hinchwick Manor. L163/OL45 SP 145300 http://tinyurl.com/mapHinchwickManor AM 7m Trafalgar Estate, PM 5m Bourton Hill. Picnic lunch.

Wed 15 Jun 6m (or 4m) 6m L/M Beverston Favourite Walk Mike & Heather - 01453 873625 on day 07749 282087 Meet 09:50 for 10:00 start from Chavenage Green. L162/E168 ST 865957 http://tinyurl.com/mapChavenageGreen Chavenage House, Beverston Castle and Norman Church, Cranmore, Ledgemore, shorter 4 mile option possible. Based on Jack Redfern's walk (number 14) in More Favourite Walks in the South Cotswolds - the book is available on Group walks and the website.

Thu 16 Jun evening 4m M/H Walk around Uley Steve & Rosemary - 01453 860130 Meet 18:20 for 18:30 start. Meet outside Old Crown in Uley. Park on road by Church or use pub car park at rear if visiting afterwards. L162/E167 ST 792985 http://tinyurl.com/mapUleyOldCrownCP Food and/or drink available afterwards.

Sat 18 Jun day 9m L/M Tortworth area Tim - 01453 757104

Meet 09:50 for 10:00 start from layby on Charfield-Tortworth road B4059. L162/E167 ST 710923

http://tinyurl.com/mapTortworthRdLayby Damery, Tortworth Church, Churchend, Bibstone (pub lunch possible).

Wed 22 Jun short day 8.5m M/H Wotton to Ozleworth Anne E - 01453 842551

Meet 09:50 for 10:00 Auction Rooms CP on R just beyond graveyard, Tabernacle Road, Wotton-under-Edge. L162/E167 ST 75559350 http://tinyurl.com/mapWottonAuctionCP Tyley Bottom, Ozleworth Park, Newark Park & Cuckoo Lane. Picnic lunch.

Sat 25 Jun short day 8m M Along the River Coln Sally & Ros - 01453 872729 / 01285 655521 on day 07818 425088 Meet 09:50 for 10:00 start. Park outside Hatherop C.E. Primary School (NOT Hatherop CASTLE School) or in small car park (turn right by post box then 1st entrance on right). EOL45/L163 SP 156051 One New Leader http://tinyurl.com/mapHatheropSchool Hatherop, Coln St. Aldwyns, Quenington and Bibury. Back along the River Coln. Picnic.

Wed 29 Jun short day 8m M/H Hawkesbury Upton to Wotton by Bus Steve & Rosemary - 01453 860130 Meet 09:50 for 10:00 Meet in Village Hall car park, Hawkesbury Upton, to catch 10:15 bus to Wotton, or meet Wotton memorial at 10:30. L172/E167 ST 777870 http://tinyurl.com/mapHawkesburyUptonVH Walk back to Hawkesbury via Cotswold Way, Holywell, Wortley, Alderley. (Return bus to Wotton at 14:15 and 15:48). Bring a packed lunch.

Thu 30 Jun evening 4m M Frampton Mansell & River Frome Sally & Keith - 01453 872729 on day 07818 425088 Meet 18:20 for 18:30 start. Park in the overflow car park at the rear of the Crown Inn at Frampton Mansell. L163/E168 SO 923027 http://tinyurl.com/mapFramptonMansCrown River Frome, Siccaridge Wood, Daneway. Pub meal available afterwards.

#### TRY OUR MARCH to JUNE LED-WALKS PROGRAMME

We are continuing innovations with our walks programme, which, while still intended to appeal to regular walkers, will hopefully satisfy some of you not specifically catered for in the past. There are quite a few options for short walks of about 4 miles to enable some of you to join in without too much risk of overstretching yourself, yet getting to know regular walkers.

**THREE WALKS ON ONE DAY -** On 12 March, 9 April, 7 May & 11 June we are putting on three options for you. (1) A **short walk** (3 or 4 miles) as part of (2) a **medium walk** (about 9 miles). (3) On the same day a **longer walk** of 11-14 miles. These are intended for fit, more experienced members, or those wishing to improve their level of fitness. Most of our walks, even the longer ones, are not about speed, but enjoyment.

**SUMMER EVENING SAUNTERS -** The other regular feature through the lighter evenings is to put on regular short (up to 4 miles) **evening walks** with perhaps a drink or even food an option. Hope to see you sometime!

#### **Gloucestershire Ramblers Walks**

**GRWalks** contains full details of all the led walks from Gloucestershire Ramblers' eight Groups + Area. See, save or print off the combined programme at

www.gloucestershirearearamblers.org.uk iust click on 'WALKS' and then 'download'.

**DO** check **GRWalks Update Page** or ring leader. Members without a computer and who require a printed copy of GRWalks, just apply to the editor:

Mike Garner (GRWalks), Southcot, The Headlands, Stroud, GL5 5PS. Please quote your Group enclosing one or more SAEs 9x6 inches.

OR ask a friend to print one for you.