

South Cotswold Ramblers

Our Walks Programme 16 to 30 October 2017



Mon 16 Oct Meadows, green lanes & motorway Leisurely 4m Start 10:30 Est finish 12:45 Brookthorpe. A gentle undulating walk along footpaths, green lanes and motorway bridges and underpasses. Terrain 1 Not much climbing. Food available at Fagin's Pub after walk. Leader - Margaret 01453 828036 on day 07930 396204 Meet 10:20 Brookthorpe , Fagins (formerly The Four Mile House) (GL4 OUS) L162/E179 SO837121 Maps http://tinyurl.com/lxnyhej



Wed 18 Oct Railway Ramble Moderate 5m
Start 10:10 Est finish 13:15 Steam train to Gotherington, (£8 or £7 for seniors). Footpaths to Stanley Pontlarge, Gretton, Greet. Bring a picnic. Cafe at Winchcombe station at end.
Terrain 2 Hilly and level mix. Leaders - Patrick and Angela 01452 616886 on day 07778 662951 Meet 09:50 Winchcombe Station. M5 to Jn 9, A46 to Teddington Hands, B4077 towards Toddington, then B4078 to Greet. (GL54 5LD). OL45/L163 SP025297 Maps http://tinyurl.com/n4u8c6c

Sat 21 Oct Don't open the box Moderate 8m Start 10:00 Est finish 14:30 Thames and Severn Canal, Frampton, Sapperton, Hen and Dorval Woods, Daneway Banks, Iles Green. Terrain 3 Quite hilly. Muddy in places after rain. Picnic. Leaders - Jill and Sue 01242 255994 on day 07815 786467 Meet 09:50 Oakridge Recreation Ground roadside parking. (GL6 7NX) L162/E179 SO918036 Maps http://tinyurl.com/kajau8e

Wed 25 Oct Will there be Gloucesters? Moderate 5m Start 10:00 Est finish 13:00 Barrow Hill, Wick Court, Severn Way. Terrain 1 Not much climbing. One hill. Possible pub meal at end, pre-order before walk. Leaders - Steve and Rosemary 01453 860130 Meet 09:50 Outside Red Lion, Arlingham. Park carefully on road nearby. (GL2 7JR) L162/OL14 SO708109 Maps http://tinyurl.com/m3okoog

Sat 28 Oct Looking for a Hermit Moderate 8.5m

Start 10:00 Est finish 14:45 Walk via Highfield Farm to Avening Church and back via the Macmillan Way. Bring a picnic lunch. Terrain 1 Not much climbing. Leader - John G 01452 728760

Meet 09:50 Tetbury old station CP (free). (GL8 8DQ)

L162/E168 ST893933 Maps http://tinyurl.com/lc3a7wq

Mon 30 Oct Autumn Leaves Leisurely 4m
Start 10:30 Est finish 12:45 Bisley, Copsegrove, Hawkley
Woods, Cricketty, Rectory Farm, Bisley. Terrain 2 Hilly and
level mix. Bear Inn prebook food if eating. Leaders - Brian and
Ann 01452 770510 on day 07770 895035 Meet 10:20 Bisley,
The Bear CP or on road if not using pub. (GL6 7BD) L163/E179
S0903060 Maps http://tinyurl.com/l3grsam

USEFUL ADVICE - PLEASE READ CAREFULLY

RING the leader if you are in any doubt, especially if you haven't walked recently. Perhaps try a shorter walk ot two first.

PACE Most of our walks are of Moderate pace, averaging 2 mph with stops. Monday walks are all labelled Leisurely and average about 1.5 mph. NON MEMBERS - You are very welcome to walk with the Group 3 - 4 times. Just turn up on the day. Ring the leader first if you have any questions. We hope you will then wish to join, either on-line at www.ramblers.org.uk or with a leaflet, quoting South Cotswold if you wish to be in our particular Group. Once a member you can walk with any Ramblers' group in Britain at any time.

OVERSEAS VISITORS are very welcome on any of our walks.

ALL MESSAGES on our website will show any walk changes or additional information (plus other news). Please check, especially if travelling a distance. www.southcotswoldramblers.org.uk

DOGS - Sorry, registered assistance dogs only.

PLEASE do not walk ahead of the leader unless asked.
HOW HILLY IS THE WALK? Terrain 0 Level.
Terrain 1 Not much climbing. Terrain 2 Hilly and level mix.
Terrain 3 Quite hilly. Terrain 4 Very hilly.

ADVERSE CONDITIONS Leaders may decide to cancel or shorten the walk, taking into account everyone's health and safety. Please contact them if in any doubt before travelling or see TICKERTAPE or MESSAGE BOARD at www.southcotswoldramblers.org.uk

OUR WALKS ARE HERE http://tinyurl.com/SCRWalks with maps.

WHAT TO BRING Bananas are popular as a snack, and bring plenty of water. On day walks you are advised to bring food, even if planning a pub lunch, in case the pub is closed. Wear strong footwear. Bring waterproofs and/or warmer clothing and a simple first aid kit. Remove muddy boots in pubs/churches.

BACK MARKER Most parties will have a back marker appointed for the walk. Please inform this person if you need to drop behind for a comfort stop, and tell them when you catch up again.

IMPORTANT - KEEPING TOGETHER, ESPECIALLY IN A WOOD

All members of larger parties are asked to help by keeping a look out behind them. If the people behind you are in danger of losing touch, please pause and tell the people in front of you to wait as well. One way is to give a long blast on your whistle.

THE RAMBLERS ASSOCIATION is a registered charity (England & Wales no 1093577, Scotland SC039799) and a company limited by guarantee in England and Wales (no 4458492) Registered office 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.

ALL LEISURE ACTIVITIES have inherent hazards associated with them including rambling. In spite of participants' safety always being the paramount concern, accidents will occasionally occur. It is important that each person appreciates their responsibility to identify hazards and take all reasonable steps to eliminate or minimise the potential for accidents. © South Cotswold Ramblers 2017