

We invite you on The Ice Cream Walk, an 80 mile, 8 stage confection, running from Winstones Ices on Rodborough Common (an ice cream recommended to fortify you) to the seaside village of Uphill, near Weston-super-Mare. We will be walking along well-marked and attractive sections of the Macmillan Way, the Limestone Link (between the Cotswolds and the Mendips) and the West Mendip Way. The countryside is delightfully varied and full of interest, changing from area to area, and it is fascinating to spot these subtle changes. The walks average 10 miles each day and the countryside is mostly level to moderate. We will be able to advise drivers on best routes and meeting points. Like the Gloucestershire Way we recommend 2 to a car as we will be doing a shuttle at the beginning and end of each walk.

In **November** we encourage walkers to start with an ice cream at Winstones on Rodborough Common, then walk near to Gatcombe, through Avening, peeking at Chavenage House and ending near to Westonbirt. **February** will see us walking through Silk Wood and via Sherston and Luckington to Castle Combe. We set off from there in **March**, walking by fords through Slaughterford to reach Box, inspecting the famous railway tunnel, to climb up Blue Vein and stop at South Wraxall. **Late April** sees us in Bradford-on-Avon, where there will be a little time to explore the town with its Saxon Church and Tithe Barn. We then follow the restored Kennet and Avon canal past two magnificent aqueducts to Dundas, where we join the Limestone Link to stop at Monkton Combe. In **June** we gently climb up the Cam Brook valley to reach Hallatrow. In **July** we pass Prospect Stile obtaining wide views of Chew Valley Lake and Blagdon Lake. We travel high above these lakes to Ubley Drove near the top of the Mendips. We also hope for clear weather in **August**, as there should be spectacular views from Dolebury Hill Fort. We save even more amazing views for the last stage in **October**, walking over Wavering Down, Crook Peak and Bleadon Hill. We reach pretty Uphill and hopefully celebrate with another ice cream relaxing on the beach!

All members are welcome, occasionally or regularly. If you are forced to miss one walk, let us know and we will tell you when the walkover is in case you are able to come then. Please let us know if you are hoping to do the whole series of walks as this will help our planning. Thanks.

Some of you may remember that Mike and Heather did this walk with the group in the last century(1999!) and Mike managed to eat an ice cream on EVERY walk! Not compulsory. He was supposedly doing a survey and reckoned that Winstones was the best - things might have changed, so if you want to check his findings

The Ice Cream Walk 2013-2014





1 Winstones (first things first) to Westonbirt

2 Westonbirt to Castle Combe









4 Historic Saxon church at Bradford on Avon and Medieval Tithe Barn (below)

3 Slaughterford

3 Castle Combe







4 Dundas Aqueduct - K&A Canal over river Avon



6 Prospect Stile with views over . . .



6 Rip van Winkle's church at Cameley with leaning walls, sloping floors, and wall paintings



5 Midford aqueduct along the now quiet Cam Brook valley



... Chew Valley Lake



7 Mendips near Burrington Combe



7 Dolebury Warren



8 Uphill Church and beach with ice creams!



7 Crook Peak with the sea in the distance